

POLITEKNIK KESEHATAN KEMENKES MEDAN
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**GAMBARAN PERESEPAN OBAT ANTIHIPERTENSI
DI PUSKESMAS SIPAHUTAR KABUPATEN
TAPANULI UTARA**

X +28 Halaman, 8 tabel, 3 gambar, 18 lampiran.

ABSTRAK

Hipertensi adalah kondisi ketika terjadi peningkatan tekanan darah secara kronis dalam jangka waktu lama dengan gejala pusing, sakit kepala, serasa akan pingsan, terdengar suara mendengung di telinga dan penglihatan kabur berdasarkan prevalensi hipertensi di Puskesmas Sipahutar, hipertensi menduduki urutan ketiga dari 15 penyakit terbanyak yang diderita pasien. Tujuan penelitian ini untuk mengetahui persentase peresepan obat Antihipertensi yang ada di Puskesmas Sipahutar selama periode bulan Januari-Maret tahun 2019.

Jenis penelitian yang digunakan adalah metode penelitian survey deskriptif yang dilakukan di Puskesmas Sipahutar dengan populasi seluruh lembar resep obat antihipertensi periode januari-maret 2019.

Hasil penelitian zat aktif antihipertensi terbanyak adalah Amlodipine sebanyak 58,60% kemudian Captopril 29,94% dan Nipedipine sebanyak 11,48%. Golongan antihipertensi paling banyak diresepkan adalah antagonis kalsium yaitu sebanyak 70,06% .

Dari hasil penelitian ini dapat disimpulkan bahwa persentasi penggunaan obat antihipertensi dari Januari-Maret 2019 diperoleh Januari 39,49%, Februari 30,57% dan Maret 29,92%.

Kata Kunci : Resep, Obat, Antihipertensi, Puskesmas
Daftar Bacaan : 11 (1999-2018)

**MEDAN HEALTH POLYTECHNICS OF MINISTRY OF HEALTH
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**PRESCRIPTION DESCRIPTION OF ANTI-HYPERTENSION DRUGS AT
SIPAHUTAR COMMUNITY HEALTH CENTER OF TAPANULI UTARA**

x + 28 pages, 8 tables, 3 images, 18 attachments.

ABSTRACT

Hypertension is a condition when there is a chronic increase in blood pressure over a long period of time with symptoms of dizziness, headaches, as if to faint, sounds of buzzing in the ears and blurred vision. In Sipahutar community health center, hypertension ranks third out of the 15 most common diseases suffered by patients. The aim of the study was to determine the percentage of prescribing Antihypertension drugs available at Sipahutar Community Health Center during January-March 2019.

The research method used was a descriptive survey with a population of all prescription antihypertension drugs in January-March 2019 at SipahutarCommunity Health Center.

The results showed that the most active antihypertension agents were Amlodipine (58.60%), Captopril (29.94%) and Nipedipine (11.48%). The most prescribed antihypertension group is calcium antagonists (70.06%).

It was concluded that the percentage of antihypertension drug use in January was 39.49%, February was 30.57% and March was 29.92%.

Keywords : Prescription, Drugs, Antihypertensive, Community Health Center

References : 11 (1999-2018)