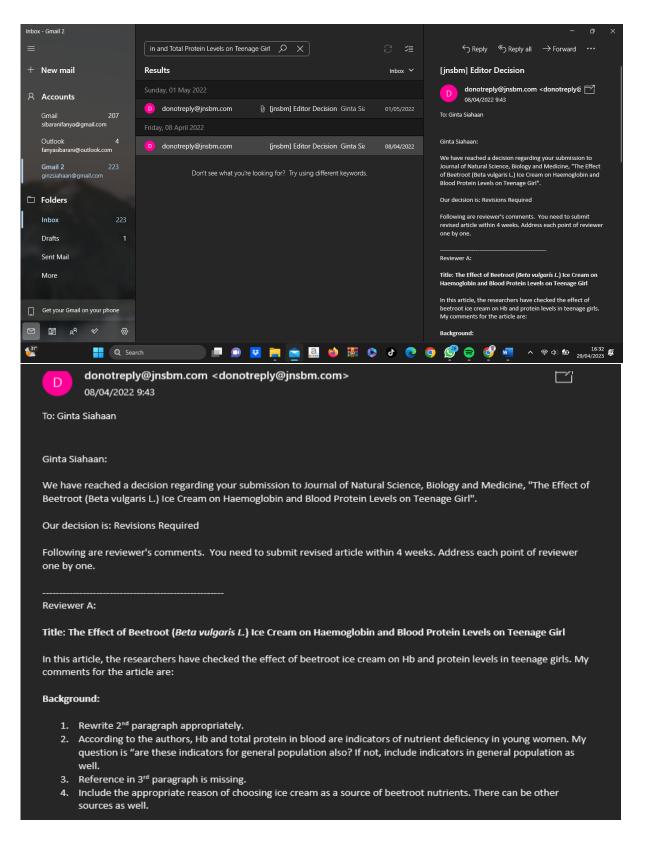
The Effect of Beetroot (*Beta vulgaris L.*) Ice Cream on Haemoglobin and Total Protein Levels on Teenage Girl



Methods:

- 1. Write complete form of WIB.
- 2. Please mention why the authors chose to give 100g of ice cream daily? Who recommended the amount?
- 3. The correct abbreviation of gram is "gm". Please rectify wherever applicable.
- 4. Revise the title of table 1.

Results:

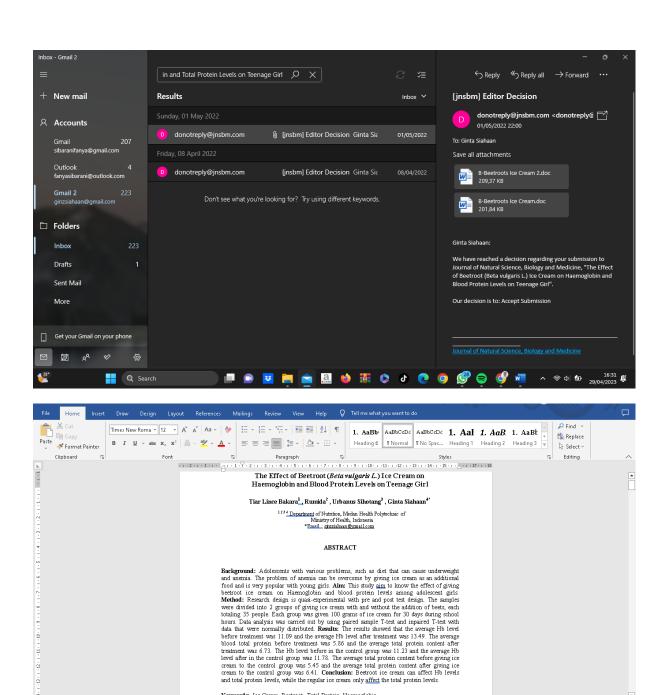
- 1. Mention clearly, how the authors measured the nutrient intake before and after giving ice cream?
- 2. The titles of all tables need revision.
- 3. Complete form of RDA in table 3.
- In table 4, my suggestion is to include only the mean and remove min and max values. Merge table cells for p-values. Make the table presentable.
- 5. Table 5 has almost same results as in table 4. Data of table 6 can also be merged in table 4. So my suggestion is to remove table 5 and 6 and merge relevant data in table 4.

Discussion:

- Rewrite 1st
- 2. Add some literature on usage of ice cream and why the authors used it as a tool for beet root?
- 3. Rephrase "Total blood protein is a description of protein degradation in the body where a decrease in protein intake can cause body weight to decrease and cause malnutrition".

Besides above comments, the article needs language rephrasing as well.

Recommendation: Revisions Required



Keywords: Ice Cream, Beetroot, Total Protein, Haemoglobin

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